

DAY	GROUP	VENUE	TIME
Monday	Creative Writing	Dunblane	10.00 – 12.00
	Current Affairs	Bridge of Allan	10.00 – 12.00
	Quizzing for Fun	Alloa	10.00 – 12.00
	Blethercraft (crochet and lap craft)	Menstrie	10.30 – 12.00
	Badminton (advanced)	Dunblane	12.30 – 13.30
	Table Tennis	Dunblane	13.45 – 15.15
	Science Matters	Stirling	14.00 – 16.00
	Board Gaming	Bridge of Allan	14.00 – 16.30
	Spanish (Intermediate to advanced)	Stirling	14.00 – 16.00
	Wood Carving	St Ninians	14.00 – 16.00
	Travellers' Tales	Bridge of Allan	19.00 – 21.00
	Book Group – Crime Fiction	Allan Park Hotel, Stirling	10.00 – 12.00
	Guitar Playing for Fun	Stirling	10.00 – 12.00
Tuesday	Walking, Active Walkers	Various	
	Badminton (mixed abilities)	Dunblane	11.00 – 12.00
	Guitar 2	Stirling	12.30 – 13.30
	Tuesday Lunch Club	Various	12.30 – 14.00
	Painting, Basics in Art	Kincardine	13.00 – 15.00
	Bridge	Bridge of Allan	14.00 – 16.00
	Scrabble (Group 4)	Stirling	14.00 – 16.30
	Karate	Stirling	19.30 – 20.00
	Gaelic	Dollar	10.00 – 12.00
	History	Bridge of Allan	10.00 – 12.00
Wednesday	History (Scottish)	Bridge of Allan	10.00 – 12.00
	Mindfulness – Experienced	Bridge of Allan	10.30 – 12.30
	Book Group (Group 3)	Stirling	14.00 – 16.00
	Badminton (mixed abilities)	Dunblane	14.00 – 15.00
	Book Group (Group 4)	Bridge of Allan	14.00 – 16.00
	Crafting For Fun	Dunblane	13.45 – 15.45
	Crafting For Fun 2	Dunblane	14.00 – 16.00
	Family History 2	Stirling	14.00 – 16.00
	Pool	Alloa	14.00 – 16.00
	Singing for Fun 2	Stirling	14.00
	Philosophy	Bridge of Allan	14.30 – 16.30
	Looking at Art	Various	Day-long trips
	Wine Tasting	Various	19.00
	Celtic Studies	Stirling	9.30 – 11.30
	Short Story Appreciation	Bridge of Allan	10.00 – 12.00
Thursday	Singing for Fun	St Ninian's	10.30 – 12.00
	Book Group (Group 2)	Dunblane	10.30 – 12.00
	Quintessentials (Group 1)	Bridge of Allan	10.00 – 11.00
	Quintessentials (Group 2)	Bridge of Allan	10.00 – 12.00
	Celtic Studies	Stirling	10.00 – 11.30

Thursday	Short Story Appreciation	Bridge of Allan	10.00 – 12.00
	Book Group (Group 2)	Dunblane	10.30 – 12.00
	Badminton(mixed abilities)	Dunblane	11.00 – 12.00
	Gardening	Various	13.00
	And Sew Forth (Crafts & Chat)	Stirling	14.00 – 16.00
	Book Group (Group 6)	Menstrie	14.00 – 16.00
	Book Group (Group 7)	Menstrie	14.00 – 16.00
	Family History (Group 1)	Stirling	14.00 – 16.00
	Scrabble (Group 5)	Alloa	14.00 – 16.00
	Spanish (Beginners)	Bridge of Allan	14.00 – 16.00
Friday	Karate	Stirling	19.30 – 21.00
	Coffee Club	Dunblane	10.00 – 11.30
	Creative Writing	Menstrie	10.00 – 12.00
	Gardening 2	Dunblane	morning
	German	Stirling	10.00
	Poetry Appreciation (Group 1)	Dunblane	10.00 – 12.00
	Poetry Appreciation (Group 2)	St Ninians	10.00 – 12.00
	Tai Chi	Bridge of Allan	10.00 – 11.00
	French Conversation	Bridge of Allan	11.30 – 12.30
	Storytime (Reading to children)	Dunblane	11.55 – 12.25
	French Conversation	Bridge of Allan	12.30 – 14.00
	Art (Painting) (Group 1)	Cambusbarron	13.00 – 15.00
	FVu3a Monthly Meeting (Talks, chat, book table, refreshments)	Stirling	14.00 – 16.00 M
	Book Group (Group 5)	Stirling	14.00 – 16.00
	Mahjong (Group 1)	Bridge of Allan	14.00 – 16.00
	Scrabble (Group 3)	Stirling	14.00 – 16.30
Saturday	'Clacks Chat' Coffee Club	Alloa	10.00 – 12.00
Various	Afternoon Tea Group	Various	
	Chess	Online	
	Clash of Clans	Online gaming team	
	Cultural Activities in Care Homes (CACH) Project	Various	Various
	Culture Vultures (4 Groups)	Various	Various
	Garden Visits (2 groups)	Various	Various
	Gardening green shoots		Varios
	Film Buffs (2 Groups)	Various	Various
	Garden Visits	Various	Various
	Home Cinema	Various	Various
	Informal Cinema Club	Various	Various
	Backgammon	Contact groups@fvu3a.org.uk	
	Technology Help	email	

Trees for Life	Online	
Walking, Easy Walking, Strollers	Various	Various
Walking with Dogs	Saturdays	Fortnightly

For further information please contact the Interest Groups Administrators:

Email: groups@fvu3a.org.uk